

Essential Oils 101

at Boundless Energy

Essential Oils are an important part of Boundless Energy's Sound Vibration Meditation, Native American Meditation, Restorative Yoga Workshops, and more. Join us for an educational meeting to learn more about Young Living's Everyday Oils and the science, suggested uses and practical tips on making the most of these powerful oils:

- Lavender
- Peppermint
- Lemon
- Thieves
- Frankincense
- Valor
- PanAway
- Peace & Calming
- Purification

Education is Power!

Thursday, April 30th

7:00 pm

Boundless Energy

440 75th Street (Fairview Plaza)

Downers Grove, IL

630 795-1008

www.Boundless-Energy.net



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